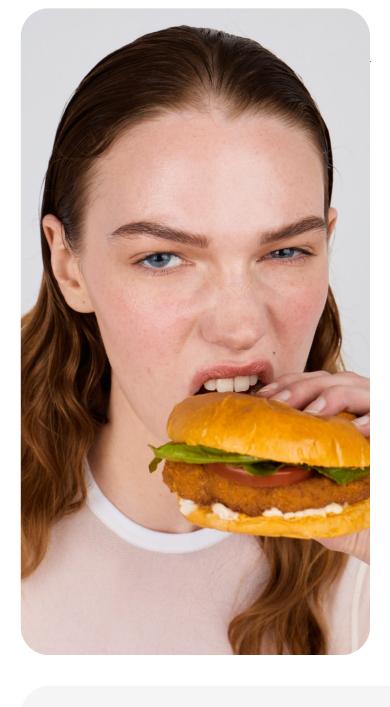
Crispy Chicken Cutlets

Deep Fryer

Recommended

Set deep fryer temperature to **360° F.**Place cutlets into the deep fryer. Deep fry for **5 minutes.**



Nutrition Facts	
Serving Size 1 pie	ce (130g)
Amount per serving Calories	270
% Da	ily Value*
Total Fat 12g	15%
Saturated Fat 2g	10%
Trans Fat Og	
Cholestrol Omg	0%
Sodium 810mg	35%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes Og Added Sugars	0%
Protein 24g	
Vitamin D Omcg	0%
Calcium 61mg	4%
Iron 4mg	20%
Potassium 119mg	2%
*The $\%$ Daily Value (DV) tells you how much a nutrient in a serving of foodiet. 2,000 calories a day is used for general nutrition advice.	d contributes to a daily

Air Fryer

Set air fryer temperature to **400° F.**Place cutlets into the air fryer. Air fry for **13 minutes,** flipping once halfway.

Oven

Pre-heat oven to **425° F.** Place cutlets evenly onto a baking sheet. Transfer to oven and bake for **17 minutes,** flipping once halfway.

Ingredients

Water, Soy Protein Isolate, Soybean Oil, Wheat Protein Isolate, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Canola Oil.

CONTAINS 2% OR LESS OF:

Tapioca Dextrin, Cornstarch, Modified Cornstarch, Sea Salt, Yeast Extract, Maltodextrin, Natural Flavor, Onion Powder, Garlic Powder, Yellow Corn Flour, Sodium Alginate, Methylcellulose, Spice, Dextrose, Paprika, Vinegar.

□ CONTAINS SOY AND WHEAT

GTIN

10850015437370

Weight

it 10LBS

